**Welcome Club – Perseverance 4 – Overcoming Obstacles**

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|  Materials |
| General  | Masks, Clip board, snack, water, name tag, hand sanitizer, pens, pencils, markers, check-in sheet |
| Flip the blanket | Sheet or blanket |
| Tick Tack toe race | Hula hoops, bean bags |
| Penny raft | Straws, tape, pennies |

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| Objective |
| Students will be able to Discuss obstacles they face. |

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| Welcome Students – *10 minutes* |
| *\*Boys and girls will check-in at separate classrooms.*1. 1 Coach instructs students to line up outside and takes attendance. Be prepared to add new students to the roster. Ask the new student their *first name, last name, grade* and *teacher’s name* (if they do not know their teacher’s name that’s ok but the first 3 are a must).
2. Remaining Coaches unstack chairs and prep group tables. We will be passing out snacks as students walk in, direct them to their table, etc. Once snacks have been passed out, please put the remaining snacks away for the day. *(“Extra” snacks tend to be a distraction to students when left out and available.)*

 Prompt Questions: Use the questions below to start conversation.Do you remember what Perseverance means? (keep trying even when it is hard) What did your do that was had this week? What was your school goal from last week? What did your do to try to work on your goal? How can we practice your goal today?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Welcome: Lead Coach1st “Welcome to Welcome Club! Today we have a really fun day planned for you! Who remembers what we learned last week? (Listening, and maybe repeat the definition of Equity) Who remembers what Equity means? (See definition above). Today we are going to talk about overcoming obstacles. What is an obstacle? Sometimes there are things that will get in the way of you reaching your goal. These are called obstacles. I have an obstacle in front of me. *(have the wagon blocking the door*) How can I get past the obstacle? What can help me? Look at the different ways we can pass an obstacle. When we have problems there are different ways to get past those obstacles too. Who remembers what perseverance means? Yes! Perseverance means “Keep going even when it is hard.” What are some ways that you can persevere at school? That is a good example. You had a problem (restate) and you solved it by doing (action). 2nd Now we are going to play a game but first we need to go over our Welcome Club Agreements! (Use *“*Four Squares of Treatment” to go over how we treat each other, etc. and transition into next section) 3rd It is time to clean up our snack! First table with clean desks and quiet arms get to go outside first! Materials: name tags, sign in sheet, pens |

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| Activity: Flip the blanket– 20 *minutes* |
| Students will work together as a team to flip the blanket they are standing on.Lead Coach: explain the game to the group. * Tell everyone to get on their team blanket.
* Ask the class if they can flip the blanket over without anyone touching the ground.

Co-Coach: Play with your table* Help your table think of strategies
* manage possible conflict. (How can we work together, I’m sorry they stepped on your toe maybe we need to move more slowly as a team)

[Example of the game](https://www.youtube.com/watch?v=mbsdg7TGzUk)Materials: table cloth, sheet or blanket |

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| Craft/Activity: Tick tack toe race– 25 *minutes* |
| Students will be split into two teams and race to get 3 in a rowLead Coach: explain how to play the game. * 9 hula hoops are set up in a grid
* The student are split into two teams and line up 10-15 feet away from the hula hoops
* Each team is given 3 bean bags.
* The first player in each team runs to the hula hoops and places the beanbag inside a hula hoop. Repeat with the next 3 students.
* If either of the teams has not won by this point. The 4th players run forward and move one of their own beanbags trying to get a 3 in a row.

Co-Coach: facilitate team work and participation.* Students are listening and in line
* They are using nice word and working together.

Materials: hula hoops, bean bags |

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| Craft/Activity: penny raft– 15 *minutes* |
| Working as a table or in pairs students will make a raft of straws. They will then see what raft can hold the most pennies.Lead Coach: Explains to the class what the objective is.* You are going to make a raft that can hold the most pennies. You have 2min to plan and 5min to build. (w*rite the time on the board*)
* We are going to test and see how many coins your boat can hold without the coins falling off or the boat sinking.

Co-Coach: help 1 or 2 groups build their raft. Your main job is to facilitate team work and make sure everyone is participatingMaterials: pennies, straws, tape or twine [Link](https://www.weareteachers.com/fifth-grade-stem-challenges/) |

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| Homework – *40 minutes* |
| *We will have printed out some worksheets for the students to work on. They are categorized by grade level and subject.** Students will focus on working on their homework for the day.
* Transitioning to homework time can be difficult...all coaches should work together to ensure students are moving to desks, pulling out their homework, or picking a worksheet from the folder. Pick a couple of students to sit with and assist them during homework time.

Coaches: Give any help to students when asked. Help them work out any struggles they might have Tutor tips: * + - Don’t give the answer to the students - help them work it out together.
	+ *MATH:* use visuals to help them see the problem more clearly; Help them spot key words in word problems and how to solve it
	+ *LITERATURE/ENGLISH:* help them sound out difficult words; if they are struggling and do not know the word, give them synonyms and give them a push to right direct
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| Clean Up– 5 *minutes* |
| Instruct students to pick up and throw away trash before they leave.1. Pick up and throw away trash.
2. Sweep floor
3. Clean up WC supplies

Please fill out this Survey: <https://forms.office.com/r/r1kpc21QTh> |